

Month: January

Menu: Lunch



Gore HS

Lunch January 2024

Mon, 1 /1	Tue, 1 /2	Wed, 1 /3	Thu, 1 /4	Fri, 1 /5
No School	No School	Waffle and Syrup Scrambled Eggs Sausage Patty Seasoned Potatoes Baby Carrots Fruit Milk	Spicy Breaded Chicken Sandwich Or Cheeseburger Mac Baked Beans Cucumber Slices Fruit Milk	Nacho Bar (Beef, Queso and Tortilla Chips) Or Beef & Bean Enchilada Mexican Salad Salsa Fruit Milk
Bacon Ranch Mac & Cheese Or BBQ Chicken Flatbread Green Beans Cucumber Slices Fruit Milk	Tue, 1 /9 Pizza Pasta Or Italian Chicken Sub Italian Salad Baby Carrots Breadstick Fruit Milk	Wed, 1 /10 BBQ Pulled Pork Or Breaded Chicken Tater Tots Dinner Roll Fruit Milk	Thu, 1 /11 Chicken Nuggets Or BBQ Pork Loin Mashed Potatoes & Gravy Baby Carrots Dinner Roll Fruit Milk	Fri, 1 /12 Taco Soup Or Frito Chili Pie Chili Beans Fritos Fruit Milk
No School	Tue, 1 /16 Personal Pizza Or Cheeseburger Mac Caesar Salad Cucumber Slices Fruit Milk	Wed, 1 /17 Ham & Cheese Pocket Or Santa Fe Chicken Wrap Baby Carrots Green Beans Fruit Milk	Thu, 1 /18 Sloppy Joe Sandwich Or Italian Chicken Sub French Fries Baked Beans Fruit Milk	Fri, 1 /19 Chicken Taquitos Or Chicken Fajitas Refried beans Tortilla Chips Salsa Fruit Milk
Popcorn Chicken Or Ranch Roasted Pork Loin Mashed Potatoes & Gravy Side Salad Dinner Roll Fruit Milk	Tue, 1 /23 Spaghetti & Meat Sauce Or BBQ Cheddar Mini-Meatloaf Green Beans Baby Carrots Breadstick Fruit Milk	Wed, 1 /24 BBQ Chicken Loaded Baked Potato Or Bacon Ranch Mac & Cheese Cucumber Slices Dinner Roll Broccoli & Cheese Fruit Milk	Thu, 1 /25 Cheeseburger Or BBQ Pulled Pork Baked Beans Baby Carrots Fruit Milk	Fri, 1 /26 Sour Cream Chicken Enchilada Or Beef Taco Mexican Salad Tortilla Chips Salsa Fruit Milk
Grilled Cheese Or Chicken Wrap Tomato Soup Cucumber Slices Fruit Milk	Tue, 1 /30 Pizza Or Ham & Cheese Melt Caesar Salad Baby Carrots Fruit Milk	Wed, 1 /31 BBQ Pork Loin Or Glazed Ham Corn Green Beans Dinner Roll Fruit Milk		

*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

Month: January

Menu: Breakfast



KEYSTONE
FOOD SERVICE

Gore HS

Breakfast January 2024

Mon, 1 /1 No School	Tue, 1 /2 No School	Wed, 1 /3 Cinnamon Roll or Cereal & Toast Fruit Juice Milk	Thu, 1 /4 Breakfast Pizza or Cereal & Toast Fruit Juice Milk	Fri, 1 /5 Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk
Mon, 1 /8 Pancakes w/ Syrup or Cereal & Toast Fruit Juice Milk	Tue, 1 /9 Toaster Sandwich or Cereal & Toast Fruit Juice Milk	Wed, 1 /10 Breakfast Pizza or Cereal & Toast Fruit Juice Milk	Thu, 1 /11 Cinnamon Toast Sausage Patty or Cereal & Toast Fruit Juice Milk	Fri, 1 /12 Biscuit & Chocolate Gravy or Cereal & Toast Fruit Juice Milk
Mon, 1 /15 No School	Tue, 1 /16 Chicken Biscuit or Cereal & Toast Fruit Juice Milk	Wed, 1 /17 Donut or Cereal & Toast Fruit Juice Milk	Thu, 1 /18 Sausage & Cheese Breakfast Stick or Cereal & Toast Fruit Juice Milk	Fri, 1 /19 Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk
Mon, 1 /22 Cinnamon Toast Sausage Patty or Cereal & Toast Fruit Juice Milk	Tue, 1 /23 Pancakes w/ Syrup or Cereal & Toast Fruit Juice Milk	Wed, 1 /24 Cinnamon Roll or Cereal & Toast Fruit Juice Milk	Thu, 1 /25 Bagel Sandwich or Cereal & Toast Fruit Juice Milk	Fri, 1 /26 Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk
Mon, 1 /29 Pancake on a Stick or Cereal & Toast Fruit Juice Milk	Tue, 1 /30 Chicken Biscuit or Cereal & Toast Fruit Juice Milk	Wed, 1 /31 Bagel Sandwich or Cereal & Toast Fruit Juice Milk		

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Month: January

Menu: Lunch



Gore ES

Lunch January 2024

Mon, 1 / 1	Tue, 1 / 2	Wed, 1 / 3	Thu, 1 / 4	Fri, 1 / 5
No School	No School	Waffle and Syrup Scrambled Eggs Sausage Patty Seasoned Potatoes Baby Carrots Fruit Milk	Breaded Chicken Sandwich Baked Beans Cucumber Slices Fruit Milk	Nacho Bar (Beef, Queso and Tortilla Chips) Mexican Salad Salsa Fruit Milk
Mon, 1 / 8	Tue, 1 / 9	Wed, 1 / 10	Thu, 1 / 11	Fri, 1 / 12
Bacon Ranch Mac & Cheese Green Beans Cucumber Slices Breadstick Fruit Milk	Personal Cheese Pizza Italian Salad Baby Carrots Fruit Milk	BBQ Pulled Pork Tater Tots Dinner Roll Baked Beans Fruit Milk	Hamburger Steak & Brown Gravy Mashed Potatoes Glazed Baby Carrots Dinner Roll Fruit Milk	Taco Soup Chili Beans Fritos Fruit Milk
Mon, 1 / 15	Tue, 1 / 16	Wed, 1 / 17	Thu, 1 / 18	Fri, 1 / 19
No School	Personal Pizza Caesar Salad Cucumber Slices Fruit Milk	Popcorn Chicken Baby Carrots Green Beans Fruit Milk	Sloppy Joe Sandwich French Fries Glazed Baby Carrots Fruit Milk	Chicken Taquitos Refried beans Tortilla Chips Salsa Fruit Milk
Mon, 1 / 22	Tue, 1 / 23	Wed, 1 / 24	Thu, 1 / 25	Fri, 1 / 26
Chicken Nuggets Mashed Potatoes & Gravy Side Salad Dinner Roll Fruit Milk	Spaghetti & Meat Sauce Green Beans Baby Carrots Breadstick Fruit Milk	BBQ Chicken Loaded Baked Potato Cucumber Slices Dinner Roll Fruit Milk	Cheeseburger Baked Beans Baby Carrots Fruit Milk	Beef Burrito Mexican Salad Tortilla Chips Salsa Fruit Milk
Mon, 1 / 29	Tue, 1 / 30	Wed, 1 / 31		
Ham & Cheese Sub Baby Carrots French Fries Fruit Milk	Pizza Caesar Salad Baby Carrots Fruit Milk	BBQ Pork Loin Corn Green Beans Dinner Roll Fruit Milk		

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Month: January

Menu: Breakfast



Gore ES

Breakfast January 2024

Mon, 1 / 1 No School	Tue, 1 / 2 No School	Wed, 1 / 3 Muffin Yogurt Fruit Juice Milk	Thu, 1 / 4 Cereal & Toast Fruit Juice Milk	Fri, 1 / 5 Biscuit & Gravy Fruit Juice Milk
Mon, 1 / 8 Pancakes w/ Syrup Fruit Juice Milk	Tue, 1 / 9 Breakfast Burrito Fruit Juice Milk	Wed, 1 / 10 Waffles & Syrup Fruit Juice Milk	Thu, 1 / 11 Cereal & Toast Fruit Juice Milk	Fri, 1 / 12 Biscuit & Sausage Gravy Fruit Juice Milk
Mon, 1 / 15 No School	Tue, 1 / 16 Chicken Biscuit Fruit Juice Milk	Wed, 1 / 17 Donut Fruit Juice Milk	Thu, 1 / 18 Cereal & Toast Fruit Juice Milk	Fri, 1 / 19 Biscuit & Gravy Fruit Juice Milk
Mon, 1 / 22 Cinnamon Toast Yogurt Fruit Juice Milk	Tue, 1 / 23 Pancakes w/ Syrup Fruit Juice Milk	Wed, 1 / 24 Cinnamon Roll Fruit Juice Milk	Thu, 1 / 25 Cereal & Toast Fruit Juice Milk	Fri, 1 / 26 Biscuit & Sausage Gravy Fruit Juice Milk
Mon, 1 / 29 Pancake on a Stick Fruit Juice Milk	Tue, 1 / 30 Toaster Sandwich Fruit Juice Milk	Wed, 1 / 31 Oatmeal Sausage Patty Fruit Juice Milk		

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