



KEYSTONE
FOOD SERVICE

Gore HS

Breakfast November 2023

Mon, 11 /6	Tue, 11 /7	Wed, 11 /1	Thu, 11 /2	Fri, 11 /3
Pancake Sausage Patty or Cereal & Toast Fruit Juice Milk	Scrambled Eggs Toast or Cereal & Toast Fruit Juice Milk	Sweet Waffle Sticks or Cereal & Toast Fruit Juice Milk	Breakfast Calzone or Cereal & Toast Fruit Juice Milk	Biscuit & Gravy or Cereal & Toast Fruit Juice Milk
Mon, 11 /13	Tue, 11 /14	Wed, 11 /15	Thu, 11 /16	Fri, 11 /17
Oatmeal Cinnamon Toast or Cereal & Toast Fruit Juice Milk	Breakfast Burrito or Cereal & Toast Fruit Juice Milk	Donut or Cereal & Toast Fruit Juice Milk	Pancakes & Toppings or Cereal & Toast Fruit Juice Milk	Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk
Mon, 11 /20	Tue, 11 /21	Wed, 11 /22	Thu, 11 /23	Fri, 11 /24
No School	No School	No School	No School	No School
Mon, 11 /27	Tue, 11 /28	Wed, 11 /29	Thu, 11 /30	
Pancake on a Stick or Cereal & Toast Fruit Juice Milk	Scrambled Eggs Toast or Cereal & Toast Fruit Juice Milk	Donut or Cereal & Toast Fruit Juice Milk	Breakfast Calzone or Cereal & Toast Fruit Juice Milk	

*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER



Gore HS

Lunch November 2023

Mon, 11 /6	Tue, 11 /7	Wed, 11 /8	Thu, 11 /9	Fri, 11 /10
Corn Dog Or Popcorn Chicken Macaroni & Cheese Green Beans Side Salad Fruit Milk	Pizza Or Grilled Cheese Caesar Salad Baby Carrots Fruit Milk	Frito Chili Pie Or Ham & Cheese Melt Chili Beans Baby Carrots Fruit Milk	Breaded Chicken Sandwich Or Deli Wrap Baked Beans Side Salad Fruit Milk	Sour Cream Chicken Enchilada Or Nacho Bar (Beef, Queso and Tortilla Chips) Refried beans Chips & Salsa Fruit Milk
Chicken Nuggets Or Breaded Chicken Sandwich French Fries Coleslaw Dinner Roll Fruit Milk	Spaghetti & Meat Sauce Or Personal Pizza Green Beans Side Salad Breadstick Fruit Milk	Breaded Chicken Sandwich Or Cheeseburger Tater Tots Side Salad Fruit Milk	Sloppy Joe Sandwich Or Cheeseburger French Fries Side Salad Fruit Milk	Thanksgiving Turkey Pumpkin Pie Mashed Potatoes & Gravy Green Beans Dinner Roll Dressing Fruit Milk
No School	No School	No School	No School	No School
Corn Dog Or Ham & Cheese Melt Macaroni & Cheese Green Beans Side Salad Fruit Milk	Personal Pizza Or Chicken Spaghetti Italian Salad Baby Carrots Fruit Milk	Frito Chili Pie Or Beef Taco Chili Beans Side Salad Fruit Milk	Cheeseburger Or Breaded Chicken Sandwich French Fries Baby Carrots Fruit Milk	Burrito Bowl (Beef, Queso, Rice) Or Cheese Quesadilla Refried beans Chips & Salsa Fruit Milk

*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

November 2023

Gore ES Breakfast November 2023



Mon, 11 /6	Tue, 11 /7	Wed, 11 /8	Thu, 11 /9	Fri, 11 /10
Pancake Sausage Patty Fruit Juice Milk	Scrambled Eggs Toast Fruit Juice Milk	Ham & Cheese Biscuit Fruit Juice Milk	Cereal & Toast Fruit Juice Milk	Biscuit & Chocolate Gravy Fruit Juice Milk
Mon, 11 /13	Tue, 11 /14	Wed, 11 /15	Thu, 11 /16	Fri, 11 /17
Oatmeal Cinnamon Toast Fruit Juice Milk	Breakfast Burrito Fruit Juice Milk	Donut Fruit Juice Milk	Cereal & Toast Fruit Juice Milk	Biscuit & Sausage Gravy Fruit Juice Milk
Mon, 11 /20	Tue, 11 /21	Wed, 11 /22	Thu, 11 /23	Fri, 11 /24
No School	No School	No School	No School	No School
Mon, 11 /27	Tue, 11 /28	Wed, 11 /29	Thu, 11 /30	
Pancake on a Stick Fruit Juice Milk	Scrambled Eggs Toast Fruit Juice Milk	Donut Fruit Juice Milk	Cereal & Toast Fruit Juice Milk	

*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER



KEYSTONE
FOOD SERVICE

Gore ES Lunch November 2023

Mon, 11 /6	Tue, 11 /7	Wed, 11 /8	Wed, 11 /1	Thu, 11 /2	Fri, 11 /3
Corn Dog Macaroni & Cheese Green Beans Side Salad Fruit Milk	Pizza Caesar Salad Baby Carrots Fruit Milk	Frito Chili Pie Chili Beans Baby Carrots Fruit Milk	Pulled Pork Loaded Baked Potato Dinner Roll Baby Carrots Fruit Milk	Breaded Chicken Sandwich Baked Beans Side Salad Fruit Milk	Sour Cream Chicken Enchilada Refried beans Chips & Salsa Fruit Milk
Mon, 11 /13	Tue, 11 /14	Wed, 11 /15	Wed, 11 /22	Thu, 11 /16	Fri, 11 /17
Chicken Nuggets French Fries Coleslaw Dinner Roll Fruit Milk	Spaghetti & Meat Sauce Breadstick Green Beans Side Salad Fruit Milk	Ham & Cheese Melt Tater Tots Side Salad Fruit Milk	No School	Burrrito Bowl (Beef, Queso, Rice) Refried beans Chips & Salsa Fruit Milk	Sloppy Joe Sandwich French Fries Baked Beans Fruit Milk
Mon, 11 /20	Tue, 11 /21	Wed, 11 /29	Wed, 11 /22	Thu, 11 /23	Fri, 11 /24
No School	No School	Frito Chili Pie Chili Beans Side Salad Fruit Milk	No School	No School	Thanksgiving Turkey Pumpkin Pie Mashed Potatoes & Gravy Green Beans Dinner Roll Dressing Fruit Milk
Mon, 11 /27	Tue, 11 /28	Wed, 11 /29	Wed, 11 /29	Thu, 11 /30	
Corn Dog Macaroni & Cheese Green Beans Side Salad Fruit Milk	Personal Cheese Pizza Italian Salad Baby Carrots Fruit Milk	Frito Chili Pie Chili Beans Side Salad Fruit Milk	No School	Cheeseburger French Fries Baby Carrots Fruit Milk	No School

*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER