

# October 2023



## Gore ES Breakfast October 2023

Mon, 10 /2	Tue, 10 /3	Wed, 10 /4	Thu, 10 /5	Fri, 10 /6
Pancake Scrambled Eggs Fruit Juice Milk	Breakfast Burrito Fruit Juice Milk	Donut Fruit Juice Milk	Cereal & Toast Fruit Juice Milk	Biscuit & Chocolate Gravy Fruit Juice Milk
Mon, 10 /9	Tue, 10 /10	Wed, 10 /11	Thu, 10 /12	Fri, 10 /13
Cinnamon Toast Yogurt Fruit Juice Milk	Scrambled Eggs Toast Fruit Juice Milk	Pancakes & Toppings Fruit Juice Milk	Cereal & Toast Fruit Juice Milk	Biscuit & Gravy Fruit Juice Milk
Mon, 10 /16	Tue, 10 /17	Wed, 10 /18	Thu, 10 /19	Fri, 10 /20
Oatmeal Cinnamon Toast Fruit Juice Milk	Donut Fruit Juice Milk	No School	No School	No School
Mon, 10 /23	Tue, 10 /24	Wed, 10 /25	Thu, 10 /26	Fri, 10 /27
Pancake on a Stick Fruit Juice Milk	Cereal & Toast Fruit Juice Milk	Cinnamon Roll Fruit Juice Milk	Muffin Yogurt Fruit Juice Milk	Biscuit & Sausage Gravy Fruit Juice Milk
Mon, 10 /30	Tue, 10 /31			
Cinnamon Toast Yogurt Fruit Juice Milk	Donut Fruit Juice Milk			

\*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER