



KEYSTONE
FOOD SERVICE

October 2021 Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Halloween Meal Pigs In Blanket Baked Beans French Fries Grapes Milk			*LTOP Lettuce Tomato Onion & Pickles	1 Cheeseburger LTOP* Ruffles Baby Carrots Fruit Milk Frito Chili Pie
4 Steak Fingers Mashed Potatoes and Gravy Dinner Roll Fruit Milk Chicken Fry Sandwich	5 Chicken Spaghetti Green Beans Garlic Breadstick Fruit Milk Flatbread Pizza	6 Beef Tacos Lettuce & Tomato Refried Beans Chips and Salsa Fruit Milk Chicken nachos	7 Pork Loin Roasted Carrots Dinner Roll Cookie Fruit Milk Popcorn Chicken	8 Breaded Chicken Sandwich Garden Salad Ruffles Fruit Milk Hot Dog
11 Mini Meatloaf Mashed Potatoes Dinner Roll Fruit Milk Steak Fingers	12 BBQ Chicken Flatbread Baby Carrots with Ranch Fruit Milk Beef Taco	13 Beef Nacho Bar Chili Beans Chips and Salsa Fruit Milk Breaded Chicken Sandwich	14 Fall Break	15 Fall Break
18 Popcorn Chicken Mashed Potatoes and Gravy Dinner Roll Fruit Milk BBQ Cheddar Meatloaf	19 Cheeseburger LTOP Baked Beans Ruffles Fruit Milk Corn Dog	20 Beef & Cheese Quesadillas Chip & Salsa Baby Carrots Fruit Milk Chili Cheese Tots	21 Chicken and Noodles Green Beans Biscuit Fruit Milk Pig in a Blanket	22 Mini HB Pizza Caesar Salad Fruit Milk Deli Wrap
25 *Hot Italian Flatbread Coleslaw S'More Pudding Fruit Milk Chicken Wrap	26 Orange Chicken Lo Mein Baby Carrots with Ranch Fruit Milk popcorn Chicken	27 Chicken Soft Taco Mexican Salad Chips and Salsa Fruit Milk Mexican Pizza	28 Grilled Cheese Tomato Soup Ruffles Fruit Milk Cheeseburger	29 Mummy Dog Graveyard Beans Witches Fingers Bat Eyeballs Milk Pulled Pork Sandwich

GORE SCHOOL

October 2021 Breakfast



KEYSTONE
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Biscuit & Gravy Or Cereal Toast Fruit Juice Milk
4 Muffin Yogurt Or Ubr Bar Fruit Juice Milk	5 Apple Turnover** Or Cereal Toast Fruit Juice Milk	6 Pancakes & Syrup Or Poptart Fruit Juice Milk	7 Toast Scrambled Eggs Or Oatmeal Toast Fruit Juice Milk	8 Biscuit & Gravy Or Muffin Fruit Juice Milk
11 Donut Or Cereal Toast Fruit Juice Milk	12 Toast Breakfast Scramble Or Ubr Bar Fruit Juice Milk	13 Biscuit & Gravy Or Poptart Fruit Juice Milk	14 Fall Break	15 Fall Break
18 Muffin Cheese Stick Or Oatmeal Fruit Juice Milk	19 Ham & Cheese Toaster Or Cereal Toast Fruit Juice Milk	20 Waffle Sausage Patty Or Donut Fruit Juice Milk Syrup	21 Yogurt Parfait w/Fruit Or Ubr Bar Toast Fruit Juice Milk	22 Biscuit & Chocolate Gravy Or Cereal Toast Fruit Juice
25 French Toast Sticks Or Cereal Toast Fruit Juice Milk Syrup	26 Oatmeal with Toppings Or Ubr Bar Fruit Juice Milk	27 Sausage Biscuit Or Muffin Fruit Juice Milk	28 Biscuit & Gravy Or Poptart Fruit Juice Milk	29 Donuts w/ Spiders Or Oatmeal Fruit Juice Milk